

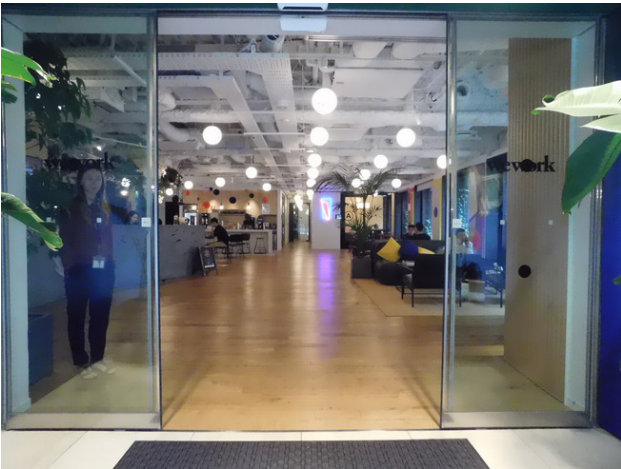
# A day in the life of an ANZCCJ Intern

You're not here to make tea!



## 9:30am

Arriving at the office



Settle into your workspace, make yourself a cup of tea or coffee and check the emails received overnight.

Interns also manage all of ANZCCJ's social media accounts so now is a good time to search and upload new content.

## Lunch Time

12:00pm - 1:00pm

Team building is important for ANZCCJ interns, and we occasionally go out for lunch together to get to know each other more!



## 1:00pm

Project



All ANZCCJ interns are designated a project to work on for the duration of their internship. This is your chance to contribute something new to the team.

Play to your strengths or learn a new skill!

## 3:00pm

Wrap up

It's not uncommon to have team meetings too. Perhaps you will be taking notes at a committee meeting or maybe you'll be designing pamphlets for an upcoming event!



## 5:00pm

Home Time

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like us at [www.facebook.com/anzccj](http://www.facebook.com/anzccj)